

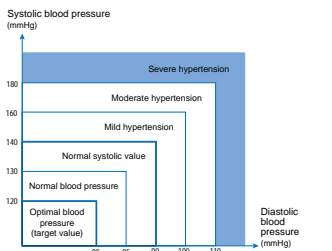
Daily blood pressure monitoring – an important step in watching your health

High blood pressure is the No.1 modifiable risk factor for stroke

Common risk factors, such as stress, being overweight, smoking, diabetes or hereditary disposition, cause a pathological rise in the systolic pressure (when the heart contracts) and diastolic pressure (when the heart dilates).

High blood pressure often goes unnoticed because there are usually no symptoms

This is precisely the reason why regular self-monitoring is so important. It enables you to take preventive action, or to see the effect of any medical treatment you are receiving.



According to the blood pressure classification by the WHO/ISH* (revised in 1999)
*International Society of Hypertension

Prevention and treatment are essential

A change in diet, losing weight, quitting smoking or a programme of regular exercise can help. All further treatment for high blood pressure is, of course, a matter for your doctor.



Blood Pressure Monitors • Thermometers • Nebulisers
Body Fat Monitors • TENS Devices • Step Counters

Consult us – we'll be glad to advise you

www.omron-healthcare.com

M7

OMRON



Upper arm monitor
Comfort (medium/large) cuff

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A Good Sense of Health



M7 – comfort device

OMRON

The OMRON M7 is the perfect device for all users interested in an upper arm monitor that is easy to use and extremely comfortable.

Comfort ML cuff

The device comes with the unique ML comfort cuff. This cuff fits all, normal adult size (from 22cm) to the very large arm size of 42 cm. So can it be used by different people in one family or by professionals having different patients.

Not only the cuff makes it a particularly comfortable device but also the other features.

Intellisense – Intelligent painless inflation

The unique Intellisense technology allows for a quick and painless measurement as the device automatically inflates the cuff to the necessary pressure. Never too high.



Advanced memory features

With its 90 memories (each measurement is stored with date and time of measurement) it virtually eliminates the need to constantly write down the values. Even if required to measure 3 times a day, the memory can keep results of a full month.

In order to show the long term development of the blood pressure the device automatically calculates and displays the average of 3 measurements. This offers better information and therefore improves the treatment of hypertension.

